

## ***Martyr Tryphon***

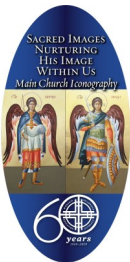
*February 1*



The Martyr Tryphon was born in Phrygia, one of the districts of Asia Minor, in the village of Lampascus. From his early years, the Lord granted him the power to cast out demons and to heal various maladies. Saint Tryphon, by the power of his prayer, turned back a plague of locusts that were devouring the grain and devastating the fields. The saint was arrested and subjected to interrogation and tortures, during which he fearlessly confessed his faith. Saint Tryphon bravely endured all without complaint. Finally, he was condemned to beheading with a sword. The holy martyr prayed before his execution, thanking God for strengthening him in his sufferings. Saint Tryphon is regarded as the patron saint of birds.

He is greatly venerated in the Russian Orthodox Church as the heavenly protector of Moscow.

*Apolytikion: Thy Martyr, O Lord, in his courageous contest for Thee received the prize of the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by his prayers, save our souls, since Thou art merciful.*



**For further inquiries contact a member of the  
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